

Research on the Problems and Countermeasures of Children's Dance Education in Shaoxing City

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ABSTRACT

With the continuous improvement of people's living standards, dance art learning has received increasing attention from parents and has become a major educational form to improve children's physical and aesthetic abilities. This has led to an explosive growth in social dance training institutions in recent years. However, despite its rapid growth, many problems have also been exposed. Therefore, this article takes Shaoxing children's dance education as the research object and adopts a combination of on-site investigation and questionnaire survey. Through questionnaire surveys of children's dance education and training institutions, teachers, students, and parents in Zhengzhou City, the study investigated the learning objects, educational institutions, teachers, and teaching modes, and analyzed the current problems and causes. It also proposed countermeasures and suggestions from three aspects: teacher teaching method reform, strengthening government supervision and management, and training institution construction. It is hoped to provide some reference for the healthy development of Shaoxing children's dance education.

KEYWORDS

Shaoxing city; Children's dance; Existing problems; Proposal

1 Introduction

With the continuous progress of society and the changes of the times, children's dance education is increasingly receiving attention and importance from all sectors of society. Children's dance not only provides a platform for children to exercise and enhance their temperament, but also plays a crucial role in shaping their comprehensive qualities and aesthetic abilities. In recent years, the children's dance training market in Shaoxing has flourished, and the number of children participating in learning has been increasing year by year. However, behind this prosperous scene, we can also easily discover some issues that cannot be ignored. The management of some training institutions is not standardized enough, the educational facilities are outdated and rudimentary, the teaching staff is uneven, and the quality of teaching is difficult to guarantee. These factors not only restrict the further development of children's dance education in Shaoxing City, but also to a certain extent affect the learning effectiveness and interest cultivation of children^[1].

Therefore, this article aims to deeply analyze these existing problems and propose practical and feasible solutions from multiple dimensions such as changing educational concepts, optimizing teaching facilities, and improving the level of teaching staff. We hope that through these efforts, we can improve the overall quality of children's dance education in Shaoxing City, promote innovation in teaching methods, cultivate more talents with children's dance teaching abilities, inject new vitality into the children's dance education industry in Shaoxing City, and make it develop towards a

healthier and more standardized direction.

2 The Impact of Children's Dance Education on Their Growth

2.1 Beneficial for Enhancing Children's Physical Fitness

Firstly, children's dance is carefully created based on the physiological and age characteristics of young children. Dance, as a means of artistic expression, is essentially about organizing, refining, and beautifying human movements. It is a dynamic art form that combines temporality, spatiality, and comprehensiveness. Among the many elements of dance, movements occupy a central position, and children's dance is no exception. Compared to adult dance, children's dance focuses more on reflecting children's daily lives, expressing their emotions and attitudes. By participating in lively dance education and activities, children can effectively enhance their physical strength, promote the comprehensive development of their nervous system, circulatory system, muscles, bones, and respiratory functions, thereby accelerating metabolism and continuously improving and growing their physical functions.

Secondly, childhood is the starting point of life and a rapid stage of physical growth and development. Providing organized, systematic, and planned dance training to children can not only significantly improve their physical fitness, but also contribute to healthy bone development, enhance digestive function, and improve overall physical fitness. Meanwhile, such training can correct bad habits, enhance the body's resistance to external pathogens, and thus reduce the likelihood of illness. In the process of learning and performing dance movements, children's breathing, heartbeat, and gastrointestinal peristalsis increase, and their nervous and circulatory systems also operate synchronously and rapidly. These changes not only promote the rhythm and coordination of children's movements, but also have a positive and far-reaching impact on the healthy development of children's physical functions.

2.2 Inspiration that Promotes Children's Intelligence

First of all, the process of learning dance for children is an excellent way to exercise their attention. Learning dance movements requires sustained attention and motivation from children, guiding them to focus on every detail of the action. This is particularly beneficial for older children, helping them quickly focus their attention. During the process of learning dance, children's observation, memory, thinking and dance performance abilities can be significantly improved. Beautiful dance can attract children's unintentional attention, which in turn stimulates their strong interest in dance, thus cultivating their intentional attention. Through repeated practice and experiencing the emotions, rhythms and rhythmic sense in dance, children's brains enter a state of excitement, which not only exercises their thinking and creative abilities, but also enhances their flexible understanding ability. Therefore, children who regularly participate in dance training and performances often show higher comprehensive abilities when accepting and responding to new things.

Secondly, dance education is also an important means to stimulate children's creativity and imagination. Children are naturally active and imitative. In the process of learning dance, they can improve their imitation ability and deepen their understanding of things by imitating the rhythm of movements and playing games. The diversity and richness of dance education provide children with a vast imagination space. Teachers will develop teaching methods based on each student's characteristics to cultivate their perceptual ability, enrich their imagination and spiritual perception ability, and better express the connotation of dance. The potential creativity of children is stimulated

and enlightened in dance learning, which promotes their intellectual development.

In addition, children's dance is also a form of intuitive and visual aesthetic education. It helps to discover children's artistic talents, allowing them to feel emotions and discover the beauty of dance through dance education. Through dance education, children's interests and hobbies can be expanded, and their love for nature and life can be deepened. Dance education can also stimulate children's desire for knowledge, enhance their aesthetic ability and aesthetic awareness, and create a growth space full of artistic atmosphere for them^[2].

2.3 Beneficial for Shaping and Cultivating Personality Traits

Educator Tao Xingzhi once emphasized that "morality is the cornerstone of a person's development. Even if the foundation is unstable, even if one is talented, it is difficult to become a great one." A person's character and quality are not achieved overnight, nor are they born flawless, but are gradually shaped through social influence, educational enlightenment, and the tempering of life. Children's dance education is a shining light in this shaping process. In the joyful hall of dance, children feel the flow of thoughts and broaden their horizons through joyful dance movements in a lively and relaxed atmosphere, gradually forming an outgoing, optimistic personality and firm confidence. Therefore, children's dance education is undoubtedly an important way to shape good character traits. Learning dance may be difficult, but it is precisely this hardship that allows contemporary only children to experience the spirit of hard work and understand the truth of "hardship brings happiness". In dance training, children learn to face difficulties and challenges, cultivate strong willpower and perseverance, and also enhance their sense of teamwork and collective honor.

More importantly, dance education is also a cultivation of children's ideological and moral qualities. Dance, originating from and transcending life, combines plot, storytelling, and education to enable children to learn truth, goodness, and beauty through training, cultivate their character, and achieve good development. In this process, their temperament and cultivation have been improved, they have learned tolerance and understanding, and their moral qualities have been elevated.

3 The Current Problems in Children's Dance Education in Shaoxing City

3.1 There are Significant Differences in Children's Learning of Dance

With the improvement of material living standards, children's dance education has gradually received high attention from parents and teachers. Parents hope to cultivate their children's artistic cells from an early age through this way, so that children can experience the joy of beauty in the influence of art. In a survey on children's dance learning in Shaoxing City, we found that the age range of students is wide, covering 4 to 16 years old. However, upon careful observation, it was found that students aged 6 to 14 accounted for a significant proportion. As they age, the number of children who choose to continue learning dance gradually decreases. This is mainly because many students choose to give up due to losing interest or poor grades, and only those who excel in dance can persist until the end.

At the same time, with the booming development of the dance education market, more and more children are joining the learning ranks. However, many training institutions do not fully consider the age differences of children when recruiting students, resulting in uneven ages of students, difficulty in unifying teaching progress and difficulty, and obvious gaps in between. What is even more concerning is that through our questionnaire survey and field visits, we found a serious

imbalance in the proportion of men and women learning dance, which is common in various training institutions and schools, undoubtedly posing a certain challenge to the comprehensive development of dance education. Therefore, we need to pay more attention to these issues and seek effective solutions to promote the healthy development of children's dance education.

Due to the severe gender imbalance in training institutions, the number of female students is much higher than that of male students, and it is not uncommon for some even to have a uniform distribution of female students. Due to the constraints of traditional beliefs, most parents tend to prefer girls to learn dance, which can cultivate physical and emotional beauty. According to the survey statistics, 85% of parents hold a supportive or highly supportive attitude towards girls learning dance, while 15% of parents hold an intermediate attitude towards learning dance due to various factors; Among these 15%, some parents do not support boys receiving dance education, while others hold a neutral attitude, stating that learning dance is not important; For teachers, 90% hold a gender identity attitude and there is no gender discrimination, and they will treat male and female students equally; Most of the girls voluntarily enjoy dance classes and have the perseverance to persevere in their studies.

3.2 Educational Institutions Lack Professionalism and Have a Strong Utilitarian Mindset

According to the survey, in recent years, due to the increasing love and pursuit of art among learners, children's dance education has been widely recognized and developed. The number of people learning dance has been increasing year by year, which has led to the crazy expansion of uneven dance training classes in society. In various regions of Shaoxing City, even the streets and alleys are filled with various types of dance coaching and training institutions. According to actual investigations and statistical analysis, about 45% of training courses operate without a license. After careful investigation, most of them operate without a license and lack professional licensing certification; The institutional facilities are not comprehensive, and there are not strict requirements for the professional competence of teachers. Many training classes invest only a small amount of money in order to make money, resulting in poor teaching environment, inadequate basic facilities, and inadequate safety measures. It can be imagined that learning dance in such a bad environment is irresponsible to children and cannot allow them to receive truly rigorous and professional dance education in a healthy and clean environment.

Parents and teachers have a strong sense of utilitarianism and blindly pursue commercial performance competitions and grading exams. Some teachers and parents, driven by honor or various factors and interests, ignore their children's own development and conditions, and blindly allow them to participate in various inappropriate competitions and grading procedures, ignoring children's physical endurance. This utilitarian mindset seriously hinders children's love for art and the cultivation of their own qualities; Teachers lack a scientific understanding of the physical and mental growth characteristics and regularity of children, blindly pursuing technology and skills while neglecting methods and teaching methods, as well as incorrect and incomplete positioning of teaching objectives and weak targeting, which can strengthen children's psychological pressure and fear and anxiety towards dancing; This series of problems has formed a distorted educational approach, which is not conducive to the physical and mental health and happy growth of children^[3].

3.3 Lack of Teaching Staff, Poor Teaching Quality, and Lack of Innovation in Teaching Models

The survey results show that in terms of teaching experience, the vast majority of teachers have a relatively short teaching age, high job variability, and instability. About 30% of teachers have

worked for more than 5 years, while 60% have worked for less than 5 years and 10% have worked for more than 10 years; Among them, about 30% of teachers are over 30 years old, while 70% are between 20 and 30 years old, accounting for a large proportion. They are in the best age stage of dance education and teaching, and are in the golden period of teaching. However, 60% of teachers have poor professional knowledge, and 5% of them have not learned dance. They only choose small training and tutoring classes based on their personal preferences, and only teach simple movements and imitations; 15% of teachers have a low level of professional education and are only able to teach basic dance theory knowledge and basic soft opening, such as lower back splits and some simple children's dances. However, only 20% of those who are truly proficient in academia and have received formal undergraduate dance education in universities have observed that most teachers lack scientific methods for dance education, attach importance to professional knowledge, and have insufficient understanding of professional basic theoretical knowledge. Teachers lack the ability to practice, demonstrate, and master current teaching innovation models.

In the current children's dance education, traditional teaching methods are seriously used, and the teaching concept is outdated and cliché. The traditional method of teachers teaching and students learning greatly suppresses the space for children's thinking and imagination. With teachers as the dominant position and students in a passive form, teaching and learning become active and passive, which is extremely detrimental to the development of students, presenting a rigid pattern of "learning for learning and dancing for dance"; Blindly and disregarding objective conditions, encouraging students to imitate movements while prohibiting children from experiencing and imagining the essence of dance seriously undermines children's innovative consciousness^[4].

4 Cause Analysis

4.1 The Proliferation of Social Institutions and Strong Utilitarianism

There are significant individual differences in learning dance. In the overall survey, it can be seen that the effectiveness of children learning dance varies, with some children having strong acceptance and digestion abilities towards dance, making dance training easier; Some children have relatively weak insight into dance, while some students with dance talents may miss the best opportunity to learn dance, but their final results are very ideal; On the one hand, some of these differences are influenced by congenital factors, but most of them are cultivated and learned, such as students' personalities, learning methods and styles, as well as their own hobbies and interests, intelligence, etc; On the other hand, it is due to some teachers favoring and taking care of top students, which tends to favor good students and neglect students with poor abilities, thereby increasing individual differences.

There are significant gender differences in learning dance. Due to the constraints of traditional concepts, which are too outdated, it is generally believed that learning dance is something that girls should learn. Cultivating girls' music, chess, calligraphy, and painting from a young age is not accepted by most parents. They believe that learning dance for boys will lack masculinity, and it is absurd to expect support from parents for children who want to learn. As a result, there is a gender imbalance in schools and training classes, which is biased towards feminization; At the same time, the development of both boys and girls begins to manifest during the fetal period, and innate gender differences have an impact on children's learning. In addition, children have their own thoughts and ideas at this stage, which may cause psychological obstacles such as shyness and embarrassment when learning dance, indirectly affecting their future interest and attention to dance^[5].

4.2 The Proliferation of Social Institutions and Strong Utilitarianism

Due to the rapid development of children's dance education, most of their knowledge and understanding of dance are gradually attracted and increased through the promotional activities of training institutions in society, while also promoting the emergence of various distinctive educational institutions. Currently, Shaoxing City is showing unprecedented and vigorous development.

Due to lax regulation by relevant departments and low market injection thresholds, many unscrupulous businesses have been driven by the temptation of economic interests. Some only hang dance training signs and advertise to recruit students and attract wealth, ignoring laws and regulations; Most dance tutoring classes are self-employed, accounting for about 65% of the total. Many training classes follow the same pattern and operate unscrupulous institutions that do not meet the standards. The level of software and hardware facilities is not up to par, and there is no guarantee of the quality of teaching; There are also some organizations that conduct teaching and teaching in the form of mutual cooperation, accounting for about 35%, while very few truly belong to the nature of public schools. On the other hand, driven by the social situation, the current employment situation is very severe. There is a lot of employment pressure, and people are aware of the importance of knowledge, education, technical skills, and talent. Therefore, from a young age, cultivating children and winning at the starting line, they are willing to spend a lot of money to enroll children in various training classes^[6].

4.3 Weak Teaching Staff and Inadequate Hardware Facilities

Most leaders of dance training institutions, especially in society, are not very proficient in dance professional skills, and are ambiguous about dance literacy and technical skills. Therefore, there is a lack of understanding in recruiting teachers, and there are not too high strict requirements for the professional background and dance related qualification certificates of recruiting dance teachers; As long as teachers are respectful, patient, and caring, they can be competent in their positions, which leads to a lack of rigor in their professional qualifications and inconsistent levels of proficiency among many teachers, greatly weakening the quality of teaching.

From another perspective, the founder of the training class hired most of the teachers from society to reduce expenses, and it is understood that about 40% of the dance teachers have only been exposed to simple dances; Some are just out of love for dance education, while others are graduates who have just graduated from school and have no teaching experience or skills. They only rely on their own feelings or follow the teaching outline arranged by leaders for teaching, and the teaching methods are boring and monotonous, with rigid content; For dance teachers in private and public schools, they are introduced through background information and lack real teaching skills, as well as training and experience; And truly capable and skilled teachers are either developed in big cities or recruited by prestigious schools.

Educational institutions only focus on recruiting more students, neglecting the basic infrastructure of education venues. Some teachers in children's dance tutoring classes do not even have the most basic control rods, and most of the floors are ordinary family floors. There are few who think about laying glue or soft mats in the classroom for the safety of children; They save money by having small and small dance rooms, and dirty and messy classrooms; Half of the dance education and training bases are not equipped with heating equipment in winter classrooms, and there is no air conditioning to cool down in summer. Some training institutions are located in remote locations and public security is not guaranteed.

5 Suggestions for the Development of Children's Dance Education in Shaoxing City

5.1 Teaching Tailored to Different Students

Teaching according to aptitude is an important teaching method and principle in teaching, which is to provide different education based on the specific interests, abilities, and other situations of the learners. In education, teachers should choose learning methods that are suitable for each student's own characteristics based on their understanding and learning ability of dance, as well as their own quality traits, according to different situations. Teachers should make targeted education and teaching, leverage children's strengths and strengths in dance, make up for their shortcomings, stimulate children's interest and hobbies in dance, and thus establish students' confidence. On the other hand, it is also necessary to teach according to different age groups, as each age group has its own characteristics. Therefore, teachers should teach different dances at different stages, which is suitable for the physical and mental health development of children. In learning dance education, the learning performance of students with different types and abilities is extremely complex, and teachers need to rely on their years of teaching experience and unique teaching methods to focus on analyzing the characteristics of students; Based on the different learning styles of students towards dance, provide teaching methods that match styles in teaching, adhere to the principle of people-oriented, and achieve the complementary effect of "teaching according to aptitude", "learning according to teaching", and "selecting learning according to aptitude", jointly promoting the comprehensive development of children^[7].

Today, in the 21st century, with mature and open educational ideas, we should abandon outdated traditional gender concepts, strive for equal treatment of education, overcome educational misconceptions, and establish correct ideological concepts. Dance education and learning are free of gender discrimination and prejudice. We need to break away from outdated thinking and encourage parents to understand dance more, so that they can know that through learning dance education, training, and training, children can effectively improve their own health and physical fitness, shape and maintain a healthy posture. At the same time, it is also necessary to find ways to guide boys to engage in dance and provide them with opportunities to learn and learn, in order to stimulate their interest in dance. In dance teaching, we should follow the laws of scientific development. There are differences in growth and development between boys and girls both psychologically and physiologically. Girls tend to mature earlier than boys in terms of physiological development. Therefore, girls are better at learning dance skills, basic skills, and flexibility in the early stages than boys. In addition, girls are naturally sensitive and delicate in paying attention to things, and they are slightly better than boys in various aspects, making it easier and easier to accept new things. Therefore, in the teaching process, teachers should develop dance training materials suitable for men and women based on different physiological and psychological characteristics, adapt to the situation, design and implement different teaching methods, and develop their own conditions and advantages.

5.2 Government Strengthening Regulatory Efforts

In recent years, Shaoxing's children's dance training classes have been widely popularized in the streets and alleys, with various types of training institutions emerging one after another. It is inevitable that there will be places with uneven quality, lack of education department certification, and mixed schools, with substandard educational conditions and inconsistent teaching content. Therefore, it is necessary for relevant government departments to strictly rectify and strengthen supervision of dance training institutions, improve the supervision function of the education department, adjust and reform training classes that do not comply with regulations, strictly enforce

the teaching system, and prohibit any unqualified or unlicensed teachers from being allowed to teach arbitrarily; Regular assessments and surprise inspections should be conducted on dance education institutions that have already been reviewed, with strict requirements for teaching facilities, safety measures, teaching content objectives, and teaching plans. Any non-compliance or violation of assessment standards and conditions must be resolutely banned in accordance with the law, and will not be tolerated. Equipment and facilities must be ensured to be safe and comply with national requirements and regulations, ensuring that children can learn and grow happily in formal education.

5.3 Improving the Quality of Teaching and Facilities

After conducting a survey on the educational qualifications of dance teachers in Shaoxing City, it was found that the overall level is not very optimistic and needs to be adjusted from the perspective of teacher structure. Teaching children's dance is a job that cannot be done carelessly, and the professional level of teachers should also be strictly controlled. They need to undergo training and certification from dance professional institutions to be competent; Dance teachers should apply to graduate from professional dance schools, pay attention to the teaching standards of teachers, and ensure their professionalism.

Schools and training classes should also regularly provide professional training and learning for teachers, to "recharge" them, improve their teaching abilities, master advanced dance teaching methods, concepts, and scientific dance skills; The trained leaders should have a spirit of Bo Le, recruit talents, focus on cultivating talents to devote themselves to teaching, and build a team of senior teachers; At the same time, famous dance artists can also be invited to give lectures, drawing on the rich dance experience and methods of learning experts, in order to improve the quality of teaching and enhance the professional quality of teachers^[8].

With the continuous innovation and introduction of modern education and teaching methods, we should absorb the essence and discard the dross, put aside the traditional teaching ideas, and contact various and novel diversified curriculum teaching forms. In the classroom, students are the main focus, with teachers as assistants, and emphasis is placed on training children's dance sense and personality development education. Based on the previous exam oriented education teaching methods, most students are too mechanized in learning, lacking spirituality and vitality; Training institutions and schools should have their own characteristics in education and teaching. Based on the different developmental characteristics of children and their actual situations, they should develop organized, scientific, and systematic education and training content and methods. They should be good at teaching guidance, proficient in mastering professional skills, and stimulate students' interest and dance awareness, so as to improve the efficiency of dance education; To avoid outdated textbooks and boring classrooms, leaders of schools and training classes need to transform outdated education into new teaching methods in order to smoothly and unimpeded the development of dance education.

To develop the dance education industry, basic facilities and equipment are essential. A qualified and standardized dance classroom is of great help and role in the teaching effectiveness of children, which has a crucial impact on their physical and mental development; Only with corresponding software and hardware facilities can implementers actively analyze, research, and apply teaching media, textbook usage, etc. in a scientific and objective manner in teaching, so as to achieve the expected results in dance training and teaching. Relevant supporting facilities must be available, and hardware facilities such as classroom facilities, accompaniment sound systems, and teaching venues are the basic requirements for normal dance training. For example, selecting dance classroom venues, classroom lighting, angles, sound, and temperature, etc., all play a crucial role in

presenting the effect of dance performance; The classroom space should be over 50 square meters, and the floor should be mainly made of floor glue, which can effectively reduce the degree of accidental damage to children's bodies. The classroom should be kept clean and tidy at all times, and the indoor environment of the classroom should be beautified.

6 Conclusion

As an important aspect of aesthetic education, children's dance education plays an important role in developing children's intelligence, enhancing their temperament, self-confidence, and humanistic cultivation. Therefore, the status of children's dance education in contemporary times needs to be established and strengthened. Firstly, the government should strengthen supervision, improve the rational allocation of talents by educational institutions, create more employment opportunities, and build a scientific and practical talent supply and demand information platform to promote cooperation between schools and training institutions. The government should implement corresponding protection and support measures. Secondly, teachers in schools should fully understand the performance of students in the learning process. Teachers should have a detailed understanding of the actual situation of students to provide timely feedback and formulate corresponding measures. Schools can also send professional personnel to conduct regular or irregular spot checks on students and teachers. Children's dance education is of great significance and should be fully valued by society. Through understanding and analyzing children's dance education, we can find solutions and measures to help the healthy development of children's dance education. The standardization of children's dance education and teaching in Shaoxing City is a long way to go. Only through strict management by government management institutions and continuous improvement of teachers' teaching level can we achieve results.

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